

Arena Location

Lake Bonavista Recreation Centre
1401 Acadia Drive S.E.
Calgary, Alberta

Summer School Coordinator

Leigh Cowley
Telephone: 403-271-0964
cowleyd@telus.net



SKATECANADA
LAKE BONAVISTA FIGURE SKATING CLUB

Lake Bonavista Figure Skating Club

Summer Skating School

Lake Bonavista Recreation Centre
June 27th to August 5th 2011

See You At The Rink

PROFESSIONAL COACHES - Rate per 15 Min. Lesson

COWLEY, LEIGH \$15.50

Telephone: 403-271-0963

cowleyd@telus.net

Triple Gold

NCCP Level I, II Theory III

Coach and Trainer of Provincial Champions, Challenge & Junior

National Competitors

FERNET, JACKIE \$16.00 plus GST

Telephone: 403- 278-2997

jackiefernet@hotmail.com

Triple Gold

NCCP Level III certified

Coach and Trainer of Provincial Champions, Challenge & National

Medalists

FERNET, CJ \$11.00

Telephone: 403-863-8895

CJFernet@shaw.ca

Triple Gold, JR Competitive

2 years Disney on Ice

Coach and Trainer of Provincial Champions, Challenge & National

Medalists

McCORMICK, DANITA \$15.50

Telephone: 403-938-0157

ddmccormicks@shaw.ca

NCCP Level III Certified

Coach and Trainer of Provincial Champions, Challenge Competitors, &

National Competitors

WESTHAVER, BARB (Associate Coach)

403-684-3835

TENTATIVE DAILY ICE SCHEDULE

Warm up Week – Monday, June 27th - Thursday, June 30th, 2011		
4:00 – 4:45	Freeskate	Junior
4:45 – 5:30	Freeskate	Intermediate/Senior
WEEKS 1-4, Monday, July 4th – Friday July 29th, 2011		
Week 1 – July 4th to July 8th		Week 2 – July 11th to July 15th
Week 3 – July 18th to July 22nd		Week 4 – July 25th to July 29th
8:45 – 9:30	Freeskate 1	Junior
9:30 – 10:00	Dance 1	Junior
10:00 – 10:15	Stroking 1	Junior
10:15 – 10:30	Flood	
10:30 – 11:00	Edge Turns 1	Senior
11:00 – 11:45	Freeskate 2	Senior
11:45 – 12:00	Flood	
12:00 – 12:45	Freeskate 3	Intermediate/Senior
12:45 – 1:15	Stroking 2	Intermediate/Senior
1:15 – 1:30	Flood	
1:30 – 2:00	Dance 2	Intermediate/Senior
2:00 – 2:45	Freeskate 4	Intermediate
2:45 – 3:00	Edge Turns 2	Intermediate
3:00 – 3:45	Freeskate 5	Junior
3:45 – 4:15	Dance 3	Junior
4:15 – 4:30	Stroking 3	Junior
WEEK 5, Monday, August 1st – Friday August 5th, 2011		
9:00 – 10:00	Open	ALL LEVELS
10:00 – 11:00	Freeskate	ALL LEVELS
OFF ICE SCHEDULE		
10:20 – 10:40		Junior AM
4:35 – 4:55		Junior PM
12:45 – 1:15 (alternates with stroking)		Intermediate/Senior

QUALIFICATIONS

SKATERS MUST REGISTER ACCORDING TO FREESKATE QUALIFICATIONS. THE SUMMER SCHOOL RESERVES THE RIGHT TO PLACE SKATERS IN APPROPRIATE SESSIONS.

SENIOR passed Novice competitive, Pre Novice competitive, Sr. Bronze, freeskate or higher.

INTERMEDIATE passed Juvenile, Preliminary, JR. Bronze

JUNIOR have not passed any freeskate test

PRELIMINARY PREP & CANSKATE stage 4, 5, 6

all Preliminary Prep and CanSkate skaters may register and skate on any junior session and arrange with a LBFSC coach for private lessons.

PICK UP FEE \$16.00/ hour

Contact Summer School Coordinator for prices not listed.

LAKE BONAVIDA COMMUNITY ASSOCIATION REQUIREMENTS

All out of club skaters are required to purchase a LBCA community membership at a cost of \$25.00.

All LBFSC members must have purchased their community membership before skating begins.

TENTATIVE TEST DAY

July 28th or 29th

Depending upon availability of Judges

Any sessions cancelled due to tests or Wildrose Competition may be made up at no additional cost.

Skaters whose coaches' names are included in the brochure have priority in registration until May 15th. After that date, spaces will be allocated in the order that registrations are received. . Application should be returned as soon as possible.

PAYMENT DEADLINE: FULL FEE must be included with application; **50% of total dated May 15, 2011** and remainder dated **June 15, 2011**.

Skaters registered by May 15, 2011 will receive a 10% discount.

REFUND POLICY: A \$25.00 administration fee will be applied to all refunds when cancelled prior to June 1, 2011 After June 1, 2011, there will be no refunds unless accompanied by a medical certificate and these refunds will be subject to a cancellation charge of 20% of the fees paid. THERE WILL BE NO EXCEPTIONS.

Social Function – Picnic (cost included in registration)

Stretch Areas

Video Equipment, Dartfish

Guest skaters will be limited. Arrangements must be made with the Summer School Director.

Wildrose Competition –August 5 – August 7

Test Permission Form

(Non-L.B.F.S.C. Members)

Permission is hereby granted for skater to take test at Lake Bonavista Figure Skating Club summer School.

Signature of Home Club Official

Club Position Held

RELEASE OF LIABILITY

The management of the Lake Bonavista Figure Skating Club does not accept responsibility for injury or accident to the skater or skaters on or off the ice, or loss of valuables during the operation of Spring School. All rules and regulations of the SKATING SCHOOL must be observed.

Signature of Parent or Guardian
(or skater, if over 18 years)

Date

PHOTO & VIDEO CONSENT

I permit the use of photos and videos for training purposes, and for use in the website and other media of my child for the Lake Bonavista Figure Skating Club.

Signature of Parent or Guardian
(or skater, if over 18 years)

Date

**Please make cheques payable to
LAKE BONAVISTA FIGURE SKATING CLUB**

Forward Registration and Fees to:

Lake Bonavista Figure Skating Club
c/o Leigh Cowley
1147 – 120 Ave SE, Calgary AB T2J 2L1
Telephone: 403-271-0964
cowleyd@telus.net

Application Form - Please Print	
Skater's Name	
Age	
Parent's Name	
Address	
City	Postal Code
Home Telephone	Alternate/Cell
Email Contact	
Doctor's Name	
Doctor's Phone	
Health Care No.	
LK Bonavista Community Membership	Yes <input type="checkbox"/> No <input type="checkbox"/>
Test Levels Passed	
Freeskate	
Skating Skills	
Dance (complete set)	
Home Club	
Home Club No.	
Skate Canada No.	
Coach	
ENROLL ME FOR SUMMER SCHOOL (please check)	
Warm up week	<input type="checkbox"/>
Week 1	<input type="checkbox"/>
Week 2	<input type="checkbox"/>
Week 3	<input type="checkbox"/>
Week 4	<input type="checkbox"/>
Week 5	<input type="checkbox"/>
Please fill out the detailed schedule and return to address provided on this sheet	

Lake Bonavista Figure Skating Summer School Schedule

IT IS MANDATORY TO BOOK ICE BY THE PACKAGES OFFERED- Check Package

PACKAGE 1 Junior AM 145.00/wk	PACKAGE 2 Junior PM 145.00/wk	PACKAGE 3 Senior 190.00/wk	PACKAGE 4 Intermediate 160.00/wk	PACKAGE 5 Intermediate/Senior 135.00/wk
1 - Freeskate 1 1 - Dance 1 1 - Stroking 1 1 - Off Ice AM	1 - Freeskate 5 1 - Dance 3 1 - Stroking 3 1 - Off Ice PM	1 - Edge Turns 1 - Freeskate 2 1 - Freeskate 3 1 - Stroking 2/Off Ice	1 - Stroking 2/Off Ice 1 - Dance Skills 2 1 - Freeskate 4 1 - Edge Turns 2	1 - Freeskate 3 1 - Stroking 2/Off Ice 1 - Dance/Skills 2

Warm up Wk June 27th– 30th \$9.00/Session		27th	28th	29th	30th
4:00 – 4:45	Jr. Freeskate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4:45 – 5:30	Int./Sr. Freeskate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Time	Session	WK 1	WK 2	WK 3	WK 4
8:45 – 9:30	Jr. Freeskate 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9:30 – 10:00	Jr. Dance 1				
10:00 – 10:15	Jr. Stroking 1				
10:20 – 10:40	Off Ice AM				
10:15 – 10:30	Flood				
10:30 – 11:00	Sr. Edge Turns 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11:00 – 11:45	Sr. Freeskate 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11:45 – 12:00	Flood				
12:00 – 12:45	Int./Sr. Freeskate 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12:45 – 1:15	Int./Sr. Stroking 2/Off Ice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1:15 – 1:30	Flood				
1:30 – 2:00	Int./Sr. Dance/Skills 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2:00 – 2:45	Int. Freeskate 4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2:45 – 3:00	Int. Edge Turns 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3:00 – 3:45	Jr. Freeskate 5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3:45 – 4:15	Jr. Dance 3				
4:15 – 4:30	Jr. Stroking 3				
4:35 – 4:55	Off Ice PM				
Time	Session	Week 5 Aug 2nd – 5th			
9:00 – 10:00	Open	<input type="checkbox"/>	\$60.00/hr/wk		
10:00 – 11:00	FreeSkate (all levels)	<input type="checkbox"/>	\$60.00/hr/wk		

Skater's Name _____

Warm up Week \$ _____

Number of Weeks _____

X

Cost of Package _____ \$ _____

Week 5 \$ _____

Out of Club Skaters \$ 25.00

TOTAL \$ _____

TOTAL less 10% *** \$ _____

*** (if Registered by May 15th)

Please make cheques payable to
LAKE BONAVIDA FIGURE SKATING CLUB

Lake Bonavista Figure Skating Club
c/o Leigh Cowley
1147 – 120 Ave SE, Calgary AB T2J 2L1
Thank you